

SHAPE

Media Kit
2015

*Exercise
your right
to be
beautiful*



Content Overview



Source: Halls January–November 2014. Lifestyle defined as culture, travel and general interest categories.

Contact Your SHAPE Sales Representative at 212.545.4800

SHAPE

Editorial Team



CHIEF CONTENT DIRECTOR

Elizabeth oversees the editorial platforms for both the magazine and the website. As a 20-year veteran of women's magazines, Elizabeth has vast experience in the health and wellness space. Prior to joining SHAPE, she was the Executive Editor-at-Large for *Prevention* magazine, as well as Deputy Editor for *prevention.com*. Elizabeth has held senior editorial positions at *Fitness* and *Cosmopolitan* and began her career at *Glamour* magazine.



EXECUTIVE BEAUTY DIRECTOR

Cheryl has won three Gold Triangle Awards from the American Academy of Dermatology in recognition of excellence in public education. Cheryl has made numerous TV appearances discussing beauty and fashion trends, including spots on *The Dr. Oz Show*, *Today*, and *OK! TV*. Prior to joining SHAPE, Cheryl was the Beauty Director at *Star*, *Redbook*, the Beauty and Fashion Director at *Fitness* magazine and an Associate Features Editor at *Harper's Bazaar*.



EDITOR-AT-LARGE

Bahar covers the lifestyle, beauty, fashion, and health beats, and regularly appears on NBC's *Today*, ABC's *Good Morning America Health*, *Dr. Oz*, *Entertainment Tonight*, *The Insider*, *VH1*, *The Wendy Williams Show*, *Better TV*, *Fox News*, *BBC*, and local stations across the country.



FITNESS DIRECTOR

Jaclyn is an American Council on Exercise certified personal trainer, a certified kettlebell instructor and a certified Spinning instructor. She's presently receiving her sports and exercise nutrition coaching certification. She is a regular CrossFitter and enjoys racing and competing in her free time. She has also participated in a half Ironman, three marathons, 16 half-marathons, four triathlons and various other events.



EXECUTIVE FASHION DIRECTOR

Audrey has styled dozens of celebrities and countless real women of every age and shape, and makes regular appearances on *Good Morning America* and *Today* as a fashion and style expert. Prior to SHAPE she was the fashion director of *Redbook*. She's also held fashion positions at *Glamour*, *Twist*, *Ladies' Home Journal*.



2015 Editorial Calendar

March - July/August

March HOLLYWOOD ISSUE

SPECIAL: The Hottest Bodies in Hollywood
BEAUTY: Super-Star Beauty Secrets
FASHION/STYLE: Sneakers with Every Outfit

FITNESS: Star Secrets and Tips
FOOD: The Good News About Fat

Closing Date: 12/31/14 • **On-Sale Date:** 2/23/15

April RENEWAL ISSUE

SPECIAL: Annual Shoe Awards
BEAUTY: Rut-Busting Beauty Tips
FITNESS: Spring Clean Your Routine

FOOD: Clean Up Your Diet
HEALTH: Rethink Your Allergies

Closing Date: 2/4/15 • **On-Sale Date:** 3/30/15

May COUNTDOWN TO BEACH BODY ISSUE

SPECIAL: Summer SHAPE Up – Month 1
SPECIAL: Annual Sun Smart Awards
BEAUTY: Summer Hair Trends

FITNESS: Beach Body Bonanza
FOOD: Beach-Body Jumpstart Diet
HEALTH: Sun Protection

Closing Date: 3/4/14 • **On-Sale Date:** 4/27/15

June BE THE BEST YOU! ISSUE

SPECIAL: Summer SHAPE Up – Month 2
BEAUTY: Skin Worth Flaunting
FITNESS: Strong on the Inside

FOOD: Healthy Grilling
HEALTH: Survival of the Fittest

Closing Date: 4/1/15 • **On-Sale Date:** 5/25/15

July/August SUMMER SHAPE UP ISSUE

SPECIAL: Summer SHAPE Up – Finale
SPECIAL: Annual Snack Awards
BEAUTY: Pretty Tips and Toes!

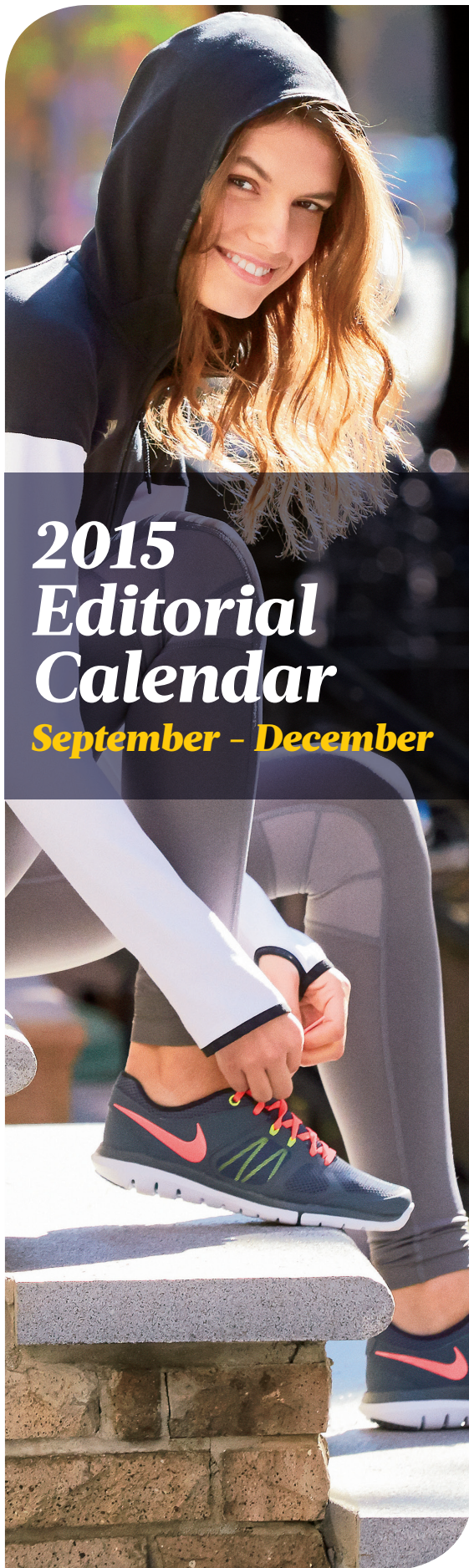
FITNESS: Get Ab-tastic!
FOOD: Gourmet No-Cook Meals
HEALTH: Like Mother Like Daughter

Closing Date: 4/29/15 • **On-Sale Date:** 6/22/15

All Edit, On-Sale Dates and Closing Dates are Subject to Change.

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2015 Editorial Calendar

September - December

September FASHION FOR EVERY SHAPE ISSUE

SPECIAL: Denim Blowout

BEAUTY: Make-Up Trends for Real Life

FITNESS: Fashion-Friendly Workouts

FOOD: The Skinny Jeans Diet

HEALTH: Avoid Self Diagnosis Dangers

Closing Date: 6/17/15 • **On-Sale Date:** 8/10/15

October BEAUTIFUL AT EVERY AGE ISSUE

SPECIAL: 12th Annual Beauty Awards

SPECIAL: Breast Cancer Guide

SPECIAL: Pink Gift Guide

BEAUTY: Your Best Skin at Every Age

FITNESS: Fitter at Every Age

FOOD: Foods/Diet for Every Decade

HEALTH: Expert Breast Health Advice

Closing Date: 7/22/15 • **On-Sale Date:** 9/14/15

November THE INNOVATORS ISSUE

SPECIAL: Women Who SHAPE the World

BEAUTY: Find Your Signature Hair Color

FITNESS: Buff, Tough and Beautiful

FOOD: Turn Your Culinary Skills Up

HEALTH: Supercharge Your Sex

Closing Date: 8/19/15 • **On-Sale Date:** 10/12/15

December HEALTHY HOLIDAY ISSUE

BEAUTY: Festive Fragrance

FITNESS: Your Holiday Rescue Plan

FOOD: Light and Luscious Holiday

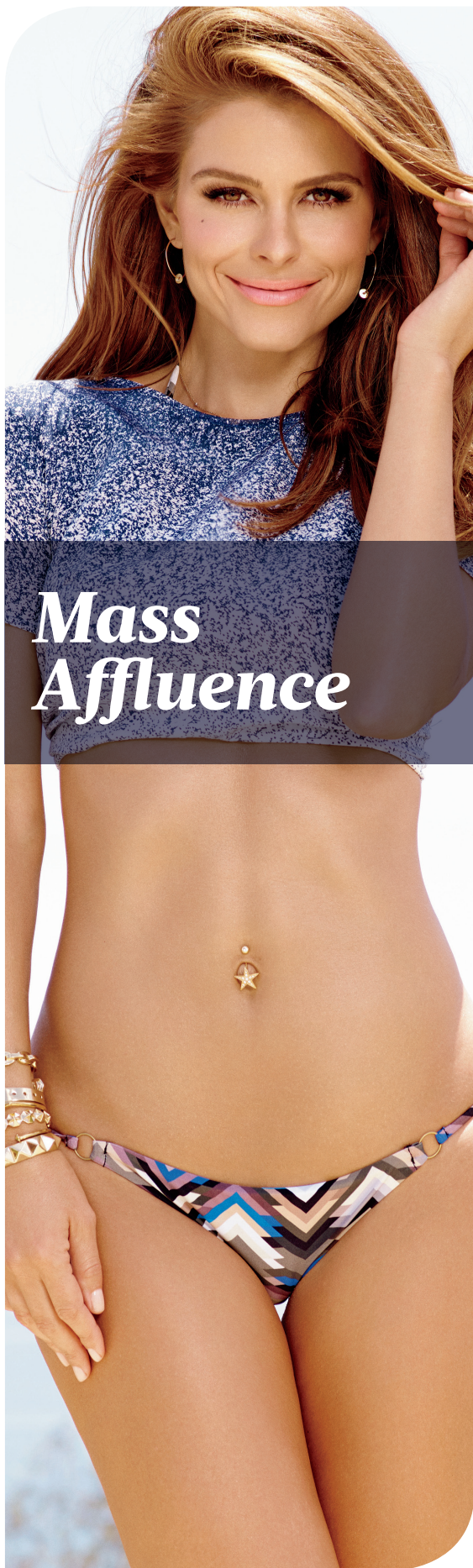
HEALTH: Sanity Savers

Closing Date: 9/23/15 • **On-Sale Date:** 11/16/15

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SHAPE



**Mass
Affluence**

4th Largest Young Women's Magazine

Cosmopolitan	3,019,778
Glamour	2,318,521
InStyle	1,760,748
SHAPE	1,638,925
Women's Health	1,537,140

Highest Median HHI

	Median HHI
SHAPE	\$88,521
Lucky	\$87,623
Self	\$85,359
InStyle	\$79,112
Marie Claire	\$73,115

Source: ABC Publisher's Statement June 2014. MRI Doublebase 2014, Based on Total Women. Ranked against the Young Women's Set. Young Women's Set Includes: Allure, Cosmopolitan, Elle, Fitness, Glamour, Harper's Bazaar, InStyle, Lucky, Marie Claire, Self, Vogue, Women's Health.

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SHAPE

A woman with long, wavy brown hair, wearing a dark blue zip-up jacket over a black sports bra and dark blue athletic shorts with the Adidas logo. She is holding a black strap over her shoulder.

Demographic Profile

AUDIENCE:

5,600,000

MEDIAN AGE:

39.6

MEDIAN HH:

\$88,521

High Quality Readers

Age	% Comp	Index
18-49	77%	140
25-49	66%	153
25-54	76%	145
Income		
\$75,000+	58%	155
\$100,000+	44%	178
\$150,000+	19%	186
Education/Employment		
College Educated	80%	138
Employed	74%	135
Professional/Managerial	70%	174
Marital Status/Children		
Any Children	52%	122
Single	31%	125

Loyal, Unduplicated Audience

Read 4/4 Issues	43%*
In-Home Readership	47%
Primary Readers	40%

Source: MRI Doublebase 2014 Base: Women. Active Lifestyle Set includes: *Fitness, Self and Women's Health*.
*Women 18-49

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SHAPE



2015 Closing Dates

ISSUE	CLOSING DATE	MATERIALS DUE	ON-SALE DATE
Jan/Feb	11/12/14	11/18/14	1/5/15
March	12/31/14	1/6/15	2/23/15
April	2/4/15	2/10/15	3/30/15
May	3/4/15	3/10/15	4/27/15
June	4/1/15	4/7/15	5/25/15
Jul/Aug	4/29/15	5/5/15	6/22/15
September	6/17/15	6/23/15	8/10/15
October	7/22/15	7/28/15	9/14/15
November	8/19/15	8/25/15	10/12/15
December	9/23/15	9/29/15	11/16/15

Contact Your SHAPE Sales Representative at 212.545.4800

SHAPE

2015 General Rates & Dimensions

Advertisement Dimensions

Magazine Trim Size: 8" x 10.875", .25" safety from all trim edges, .5" total gutter safety on spreads

UNIT SIZE	BLEED	NON-BLEED/LIVE AREA	TRIM
Full Page	8.25" x 11.125"	7.5" x 10.375"	8" x 10.875"
2 Page Spread	16.25" x 11.125"	15.5" x 10.375"	16" x 10.875"
1/2 Horizontal	8.25" x 5.5"	7.5" x 4.75"	8" x 5.25"
1/2 Horizontal Spread	16.25" x 5.5"	15.5" x 4.75"	16" x 5.25"
2/3 Vertical	5.25" x 11.125"	4.5" x 10.375"	5" x 10.875"
1/2 Vertical	4.125" x 11.125"	3.375" x 10.375"	3.875" x 10.875"
1/3 Vertical	3" x 11.125"	2.25" x 10.375"	2.75" x 10.875"

General Rates

Rate Base: 1,600,000

4-COLOR

Full Page	\$206,705
2/3 Page	\$162,275
1/2 Page	\$131,935
1/3 Page	\$89,685

BLACK & WHITE

Full Page	\$165,725
2/3 Page	\$130,320
1/2 Page	\$105,535
1/3 Page	\$71,755

COVERS

Cover 2	\$248,050
Cover 3	\$227,380
Cover 4	\$268,720

Effective January/February 2015 Issue.

General Advertising Policy

Rates are subject to change without notice and are based on receipt by Publisher of final digital files and proofs in compliance with SHAPE mechanical specifications. Materials are to be supplied by due dates shown on 2015 closing dates, or by extended dates officially granted by Production Manager. Additional work required to convert artwork to film will be billed at cost plus service charges, but Publisher retains right to reject such artwork if there is insufficient time to submit proof for advertiser's approval before materials are required. SHAPE does not accept advertising for tobacco products. Commission to recognized agencies: 15%. Pre-payment required on all orders not approved for credit. Payment terms: Net 30. Past due accounts are subject to 1.5 % monthly service charge. Publisher reserves right to reject advertisements that do not comply with SHAPE editorial policy. AMI accepts Checks, Money Orders, Wire Transfers, Visa, MasterCard and American Express.

Late Advertising

Publisher may be able to accept full-page or spread advertisements after closing dates on a "space available" basis, with the understanding that such advertisements will be positioned in the magazine solely at Publisher's discretion.

Mechanical Requirements

Printing Process: Web Offset.

Binding Method: Perfect Bound.

Regionals: Full A/B Splits AND Half Run A/B Splits: Available. Please speak to your SHAPE sales representative.

Inserts: Full-size supplied inserts are charged at black and white open rate per side, e.g. a single-sheet is charged as two black and white pages. Magna-strip binding extra. Card inserts measuring smaller than a half page are charged at one-half the open rate per side, e.g. a Business Reply Card measuring 4" x 6" is charged as one black and white page. Inserts smaller than a full-page are acceptable only with a full page backup ad. Specifications, quantities, shipping information, etc., for all inserts will be supplied by Production Manager after space is scheduled. All supplied inserts must be reviewed by the Production Department to determine bindery charges and whether the inserts meet our manufacturing specifications. Rates and production charges for booklets and other special formats available upon request from the V.P. of Sales Operations.

Material Specifications

Colors: CMYK (no pantone or spot color, no 4/c black type)

Preferred Material: PDF and PDF x/1a only. Files must conform to SWOP standards. Digital files must be correct size with no extra image. All crop and register marks must be 12 pt or 0.167 outside the trim of the magazine. Trimbox has to be defined to match AD size from Magazine Material Kit. All type must meet GAA/SWOP specifications for size & thickness. All reverse type must incorporate spreading in undercolors where applicable.

All Material Files should be submitted to AMI advertising portal. The process is easy and no software to download or install. Please sign up to create your account and make sure to check Frequently Asked Questions and view Video Tutorials.

<https://americanmediainc.sendmyad.com>

Screen ruling: 150-linescreen for covers, 133-linescreen for body.

Total area coverage: Minimum 280% total 4/c density for blacks. Maximum density is 300%. Minimum ink density each printing color recommended: 5%

Minimum line rule thickness required: 5pt overprinting, non-screened

Minimum image resolution: 300 dpi

Proofing: 1 GAA/SWOP color accurate certified proofs

No native applications accepted.

All SWOP proofs must be clearly identified with corresponding final file uploaded to our advertising portal to exact size, incorporating all final versions of color and type. Indicate publication name, issue date and advertiser name on all proofs.

Send all SWOP certified proofs

Tisha Paul
SHAPE Production
Four New York Plaza, 2nd Floor
New York, NY 10004
Phone: 646-521-2808, Fax: 212-743-6610
tpaul@amilink.com

Contract & Copy Regulations

A. Terms and Conditions. Insertion orders are offers to purchase space from Publisher and shall not constitute binding contracts until accepted by Publisher. Upon such acceptance by Publisher (in its sole and absolute discretion) there shall exist an advertising contract between the advertiser (or its agency, if the insertion order was submitted by an agency) and Publisher which advertising contract shall be subject to the terms and conditions of this rate card. Neither advertiser nor its agency may withdraw or cancel any contract or insertion order on or after the closing date of the issue for which insertion is requested. Only those terms and conditions set forth in this rate card are binding upon Publisher. No terms or conditions that conflict with the provisions of this rate card (including but not limited to the terms and conditions contained in any insertion order) shall be binding upon Publisher, unless agreed to in writing signed by an authorized representative of Publisher.

B. Acceleration. Contracts must be completed within one year from date of first insertion. If advertiser or its agency breach or are in default of any contract, Publisher shall have the right, upon written notice to advertiser or its agency, to accelerate payment of all obligations payable to Publisher under all contracts, so that the entire amount for the remaining term of the contract(s) shall become immediately due and payable, without any obligation on the part of Publisher to mitigate damages. The foregoing is in addition to, and not exclusive of, any other rights or remedies available to Publisher.

C. Rate Adjustments. Rates are subject to change without notice. Insertion orders and contracts may be canceled when a change in rate becomes effective without a short rate penalty charge, if the space used up to the date of cancellation has been in accordance with applicable frequency discount rates. Short rate will apply if advertiser or its agency has not earned the billed rate at the end of the applicable period. Rebate will be made at the end of the applicable period if advertiser has used sufficient additional insertions to earn lower rates.

D. Representations and Warranties. Each of advertiser and its agency (if any) represent and warrant to Publisher that: (i) the agency is the duly authorized agent of advertiser; (ii) advertiser and its agency shall be jointly and severally liable for all charges of and other obligations to Publisher arising hereunder; (iii) the content or subject matter of any advertisement does not, and if published shall not, violate or infringe the rights of any third party, including, but not limited to, trademark, service mark, trade dress, copyright, moral rights and any other personal or proprietary right; (iv) the content or subject matter of any advertisement does not, and if published shall not, contain any material that is obscene, defamatory, libelous, violative of any third party's right of privacy or publicity or otherwise in contravention of the law or the rights of any person or entity; (v) in connection with each advertisement, advertiser and its agency have obtained all necessary rights, permissions, consents and authorizations, including, but not limited to, the right to use the names, images and/or likenesses of living persons, all copyrighted or trademarked material, and any testimonials submitted by or on behalf of the advertiser; (vi) each of advertiser and its agency are duly organized and validly existing entities and have taken all necessary action to authorize the execution and delivery of the insertion order; (vii) the insertion order has been duly executed and delivered and constitutes a legal, valid and binding obligation of advertiser or its agency, enforceable against each of advertiser and its agency in accordance with its terms; and (viii) all of the foregoing representations and warranties shall be true and correct each time advertiser or its agency submits an insertion order and each time Publisher publishes an advertisement for advertiser or its agency.

E. Limitation of Liability. Publisher shall have no liability for errors in key numbers, subset type, free information numbers or advertisers index. Publisher shall have no obligation or liability for any change in any advertisement requested after the applicable closing date. Publisher shall have no liability for reproduction quality of advertising print materials which fail to meet the mechanical requirements stipulated in this rate card. Mechanical requirements not specifically stipulated in this rate card must conform to the Recommended Specifications for Web Offset Publications (SWOP). Positioning of advertisements is at the sole discretion of Publisher, except where specific positions are agreed upon separately and in writing signed by an authorized representative of Publisher. Publisher shall have no liability to advertiser or its agency as a result of any failure to publish or circulate all or any part of an issue or otherwise fulfill an insertion order as a result of any event beyond Publisher's control, except to publish the advertisement in a subsequent issue or refund any amount previously paid in respect of such advertisement. Publisher's liability, if any, for any act, error or omission shall not exceed the cost of space ordered or occupied by Publisher's error, which shall be the sole remedy available to advertiser and its agency, and Publisher shall not, in any event, be liable for any consequential or other damages including, but not limited to, lost income or profits.

F. Advertising Materials. All advertising materials will be destroyed after one year unless Publisher receives from advertiser or its agency a written request that such materials be returned or shipped to a third party, at the requesting party's sole liability, expense and risk. Publisher does not guarantee the condition of returned materials and advertiser or its agency should take all precautions they deem necessary in order to protect or insure the materials provided to Publisher.

G. Rejection of Advertisement. Publisher reserves the unrestricted right, in Publisher's sole discretion, to reject any advertisement at any time after receipt of advertising materials, regardless of whether such advertisement has already been accepted for publication and/or previously published. Rejection of an advertisement by Publisher shall not constitute a breach of contract between Publisher and advertiser or its agency.

H. Cancellation of Advertisement. Publisher reserves the unrestricted right, in Publisher's sole discretion, to cancel any insertion order or advertisement at any time, for any reason, regardless of whether such insertion order or advertisement has already been accepted for publication and/or previously published. If Publisher elects to cancel any insertion order or advertisement, Publisher may, in its sole discretion, elect to (i) publish such advertisement in a subsequent issue or (ii) refund any amount previously paid by advertiser or its agency to Publisher in respect of the cancelled advertisement.

I. Indemnification. The advertiser and its agency hereby jointly and severally indemnify, defend, release and hold Publisher and its officers, directors, employees, agents and affiliates harmless from and against any and all losses, liabilities, damages, expenses and costs (including, but not limited to, attorney fees), arising from or in connection with any allegation that (i) any representation or warranty made herein shall prove to have been incorrect, incomplete or misleading in any respect on or as of the date made or deemed made; (ii) the content or subject matter of any advertisement violates or infringes the rights of any third party, including, but not limited to, trademark, service mark, trade dress, copyright, moral rights and any other personal or proprietary right; and (iii) the content or subject matter of any advertisement is obscene, defamatory, libelous, violative of any third party's right of privacy or publicity or otherwise in contravention of the law or the rights of any person or entity.

J. Insurance. Upon request, advertiser shall provide to Publisher evidence of adequate liability insurance supporting advertiser's obligations hereunder and shall, upon Publisher's request, name Publisher as an additional named insured. Said insurance shall remain in effect, with all premiums paid in a timely manner by advertiser, from the date that the particular advertisement is published to the date that any suit or claim against Publisher or its affiliates shall have been barred by an applicable statute of limitations.

K. Jurisdiction. All contracts, insertion orders and advertisements placed by advertiser or its agent with Publisher shall be governed by and construed in accordance with the laws of the State of California, without regard to conflict of law principles. Any controversy arising under this Agreement shall be adjudicated before a state or federal court of competent jurisdiction located in Los Angeles County, California, and each of Publisher and advertiser and its agency (i) accepts, generally and unconditionally, the exclusive jurisdiction of such court and any related appellate court, and irrevocably agrees to be bound by any judgment rendered thereby in connection herewith, and (ii) irrevocably waives any objection it may now or hereafter have as to the venue of any such suit, action or proceeding brought in such a court or that such court is an inconvenient forum.

L. Assignment. Neither advertiser nor its agency shall resell, assign or transfer any insertion order, in whole or in part, without the prior written consent of Publisher. Any assignment in violation hereof shall be null and void ab initio.

M. Waiver, Cumulative Remedies. No failure or delay in the exercise of any right, remedy, power or privilege hereunder shall operate as a waiver thereof; and no single or partial exercise of any right, remedy, power or privilege hereunder shall preclude any other or further exercise thereof or the exercise of any other right, remedy, power or privilege. The rights, remedies, powers and privileges herein provided are cumulative and not exclusive of any rights, remedies, powers and privileges provided by law or in equity.

N. Enforceability. If any term or condition herein is found to be invalid, unlawful or unenforceable to any extent, such term or condition shall be excluded herefrom, and such term or condition shall continue to be valid and enforceable in all other respects to the fullest extent permitted by law.

O. Force Majeure. Publisher shall be excused from any delay or failure in its performance hereunder caused by any act of God, fire, flood, war, civil disturbance, sabotage, terrorism, national disaster, disputes with organized labor or other acts of third parties beyond Publisher's control.

P. Entire Agreement. The terms and conditions set forth herein constitute the sole and entire agreement between Publisher, advertiser and its agency with respect to the subject matter hereof and supersedes all prior agreements, promises, proposals, representations, understandings and negotiations, whether written or oral, between the such parties with respect to such subject matter.

Q. Modification. No modification, amendment or supplement to any provision of these terms and conditions shall be binding upon Publisher unless made in writing and duly signed by Publisher.

Published monthly by:
Weider Publications, LLC,
a division of American Media Inc.
Four New York Plaza, 4th Fl
New York, NY 10004



Member: Audit Bureau of Circulations

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SHAPE

2015 Direct Response Rates & Dimensions

Advertisement Dimensions

Magazine Trim Size: 8" x 10.875", .25" safety from all trim edges, .5" total gutter safety on spreads

UNIT SIZE	BLEED	NON-BLEED/LIVE AREA	TRIM
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1/3 Vertical	3" x 11.125"	2.25" x 10.375"	2.75" x 10.875"

Direct Response Rates

Rate Base: 1,600,000

4-COLOR

Full Page	\$139,610
2/3 Page	\$109,595
1/2 Page	\$89,085
1/3 Page	\$60,570

BLACK & WHITE

Full Page	\$111,930
2/3 Page	\$88,020
1/2 Page	\$71,290
1/3 Page	\$48,465

Effective January/February 2015 Issue.

General Advertising Policy

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Mechanical Requirements

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Binding Method: Perfect Bound.

Regionals: Full A/B Splits AND Half Run A/B Splits: Available. Please speak to your SHAPE sales representative.

Inserts: Full-size supplied inserts are charged at black and white open rate per side, e.g. a single-sheet is charged as two black and white pages. Magna-strip binding extra. Card inserts measuring smaller than a half page are charged at one-half the open rate per side, e.g. a Business Reply Card measuring 4" x 6" is charged as one black and white page. Inserts smaller than a full-page are acceptable only with a full page backup ad. Specifications, quantities, shipping information, etc., for all inserts will be supplied by Production Manager after space is scheduled. All supplied inserts must be reviewed by the Production Department to determine bindery charges and whether the inserts meet our manufacturing specifications. Rates and production charges for booklets and other special formats available upon request from the V.P. of Sales Operations.

Material Specifications

Colors: CMYK (no pantone or spot color, no 4/c black type)

Preferred Material: PDF and PDF x/1a only. Files must conform to SWOP standards. Digital files must be correct size with no extra image. All crop and register marks must be 12 pt or 0.167 outside the trim of the magazine. Trimbox has to be defined to match AD size from Magazine Material Kit. All type must meet GAA/SWOP specifications for size & thickness. All reverse type must incorporate spreading in undercolors where applicable.

All Material Files should be submitted to AMI advertising portal. The process is easy and no software to download or install. Please sign up to create your account and make sure to check Frequently Asked Questions and view Video Tutorials. <https://americanmediainc.sendmyad.com>

Screen ruling: 150-linescreen for covers, 133-linescreen for body.

Total area coverage: Minimum 280% total 4/c density for blacks. Maximum density is 300%. Minimum ink density each printing color recommended: 5%

Minimum line rule thickness required: .5pt overprinting, non-screened

Minimum image resolution: 300 dpi

Proofing: 1 GAA/SWOP color accurate certified proofs

No native applications accepted.

All SWOP proofs must be clearly identified with corresponding final file uploaded to our advertising portal to exact size, incorporating all final versions of color and type. Indicate publication name, issue date and advertiser name on all proofs.

Send all SWOP certified proofs

Tisha Paul
SHAPE Production
Four New York Plaza, 2nd Floor
New York, NY 10004
Phone: 646-521-2808, Fax: 212-743-6610
tpaul@amilink.com

Advertising Office

Stephanie Larosiliere
4 New York Plaza, 2nd Floor, New York, NY 10004
P: 646-521-2820 F: 212-743-6699



SHAPE.com

SHAPE.com is the ultimate destination for women who want to look great, feel healthy and live happy.

From targeted workout plans and fitness news to healthy living advice and get-gorgeous how-tos, SHAPE.com provides users with all the tools they need to live an active, healthy, confident lifestyle.



Traffic is Booming

7.9 Million Average Monthly Users

61.3 Million Monthly Page Views

1.2 Million eNewsletter Subscribers

Social Media

Facebook: **2.4 Million+**

Twitter: **375,000+**

Pinterest: **269,000+**

Source: July-September 2014 Google Analytics

Contact Your SHAPE Sales Representative at 212.545.4800

SHAPE



Locations

Contact Information

New York

4 New York Plaza
4th Floor
New York, NY 10004
212.545.4800

Los Angeles

6420 Wilshire Boulevard
15th Floor
Los Angeles, CA 90048
323.658.2001

Chicago

325 West Huron Street
Suite 708
Chicago, IL 60654
888.212.2493

Detroit

1430 Nakomis Trail
Lake Orion, MI 48362
248.933.3376

San Francisco

P.O. Box 489
El Granada, CA 94018
650.560.8763

Georgia

Sales & Marketing Solutions South
4350 Quail Ridge Way
Norcross, GA 30092
770.209.9858